

# **Mental Health Board Minutes**

**San Luis Obispo County**

**September 19, 2012**

**3:00 to 5:00pm**

**2180 Johnson Ave.**

**San Luis Obispo, CA. 93401**

## **Members Present:**

Karl Hansen

Joyce Heddleson

Jill Heuer

Lorna Hewitt

Theresa Merkle

David Odell

Stephan Ponce

Charmaine Quinlan

David Riester

Jim Salio

Vicki Shelby for Frank Mecham

## **Members and Alternates Absent:**

Tyler Brown

Pamela Crabaugh

Lisa Kelley

Frank Mecham

Ian Parkinson

Kelly Kenitz

## **Mental Health Staff Present:**

Karen Baylor

Frank Warren

## **Guests:**

Linda Connolly Ph.D. LMFT (DAAB)

Terry Lovejoy, private citizen

Martin L. Meltz, Ph.D.

Catherine Hayward, CenCal Health

Star Graber Ph.D. LMFT, Behavioral Health-Drug & Alcohol Services

Monica Butler, Behavioral Health-Drug & Alcohol Services

**Call to order- Meeting was called to order at 3:05pm by David Riester.**

## **Introductions and Announcements-**

- Welcome back to Stephan Ponce who has returned from a leave of absence.
- David Riester reminded members of the upcoming NAMI Beautiful Minds Walk, to be held at Laguna Lake Park on October 6<sup>th</sup> beginning at 9AM, registration starts at 8AM. Behavioral Health is a sponsor.
- Martin Meltz handed out a flyer for the San Luis Obispo County Community Services resource list. Designed so that any local organization can have printed thru Burdine Printing in Arroyo Grande. Cost is \$100 for 500 flyers.
- Jill Heuer notified board of Governor Brown's tax initiative, Proposition 30. If the initiative doesn't pass, it will mean additional cuts to our County of about \$17 million for our schools.
- As the November meeting will fall the day before Thanksgiving, it was decided that November will be a "dark" month. December meeting to be held as scheduled.
- Training for the board was to tentatively happen in September. Joyce suggested it be moved to January 2013 as to include the Drug and Alcohol Board once the two boards become the Behavioral Health Board. To be discussed with Tyler, who is the trainer, is not present at this meeting.
- The AB-109 Day Reporting Center team will meet next week to finalize plans. To be used in lieu of custody. Plans are to report to Board of Supervisors in October.
- Martin Meltz states there is start up conversation in a group called SLO Detox, in North County. One of the topics is on "sobering stations". Wondering if this can be tied in for locations for the AB-109 program.

**Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. There were no citizen comments made at this meeting.

**Action Item: Discussion and approval of Minutes from July 18, 2012 meeting.** The July 18, 2012 minutes were approved with correction made. On page 2, Committee Report section under Children Services, "waiting for Mary Lee Waggoner to return," is to be deleted. Motion made by Lorna Hewitt, seconded by David Odell.

**Presentation: Status of merging boards for Behavioral Health-Frank Warren**

Frank handed out a timeline for merging these two boards as well as the recommended changes to be made to the current Mental Health Board by-laws to establish the Behavioral Health Board by-laws. Drug and Alcohol Advisory Board (DAAB) would dissolve after the December 2012 meeting. The Mental Health Board would become The Behavioral Health Board as of January 2013. The current Mental Health Board will need to change their name as well as increase membership numbers from 16 to 18. In the recommended changes to the by-laws, it was suggested that a Mission Statement be written. Jim Salio suggested the board hold off on this until new members are in place and name of the board has been changed. The Executive Members of both boards will meet this Friday, September 21, 2012. This proposal is to be presented to the Board of Supervisors in December.

**Action Item: Vote to change by-laws from 16 members to 18 members and formation of new committee-** It was decided to take no action at this time, until the Drug and Alcohol Advisory Board meets and the Executive Committees of both boards meet to discuss.

**Presentation: Healthy Families- Theresa Merkel**

Theresa gave handouts to all present. Blue Shield members will transition to Healthy Families effective October 1, 2012. Then in January 2013, will transition from Healthy Families to Medi-Cal. The transition will first take place in Santa Barbara County. San Luis Obispo County will transition in August 2013 from Anthem Blue Cross to Medi-Cal. Healthy Families will continue to accept applications through December 2012. Go to [www.Cencalhealth.Org](http://www.Cencalhealth.Org) to view the Provider Manual, to see the benefit summary matrix.

**Presentation: Drug Medi-Cal- Dr. Star Graber**

Star provided handout on Drug Medi-Cal to all present. Department of Healthcare Services has taken over both Drug Medi-Cal and Mental Health Medi-Cal. Currently the County has one provider which is the County Office of Education for their Sober Schools. The County Department of Behavioral Health will be submitting an application this week. We will have 4 separate locations for Drug Medi-Cal. There will also be 9 other providers, most of them high schools or continuation schools, going in with us on the application. Captive Hearts to go in as satellite to the County. Next is site visit within the next 60 days by the State Department. Client must have drug dependent or drug abuse diagnosis under DSM-4 criteria. Staff has to be licensed or certified. Assignment has to be signed off by a physician. Clients can have regular Medi-Cal as well as Drug Medi-Cal.

**Director's Report- Karen Baylor**

The External Quality Review (EQRO) has taken place. It will be 60 days before report comes back. The report comes back with strengths, weaknesses and recommendations. The committee is looking at the funding for AB-109. On the lists of needs is co-occurring therapists that the committee feels is needed for this population. The County will not officially complete the implementation of the electronic health records for another year. Tri-annual DHC audit will happen in January 2013. Jeff Hamm currently attending webinars on HIPAA. Within the next few years, clients will be able to access their own Personal Health Records (PHR). At this point, information will be limited to lab reports, dates of services, medications.

**Committee Reports:** Due to presentations running over, we did not have time to update committee reports.

Meeting adjourned at 5:00pm

*The next Mental Health Board meeting will be held Wednesday, October 17, 2012 from 3:00pm - 5:00pm on the 2<sup>nd</sup> floor of the Health Campus*  
*Monica Butler*